



All Peoples Church Unitarian Universalist *Courier*

We are a liberal religious community of diverse individuals. We nurture spiritual growth, encourage lifelong education, work for social justice, serve the larger community, and celebrate life's gifts together through meaningful worship. We welcome and support others in their expression of religious freedom.

February 1, 2026

Fort Worth, TX

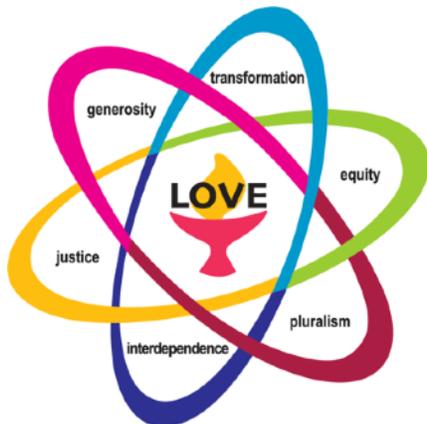
Number 469

Spirit Matters

Lori King-Nelson, M.Div

Some days, the news of the world makes it so difficult to find reassuring words to share. Our theme for February is RESILIENCE and I so badly want to model that for others and yet I find my heart aching for those in Minnesota, an ache so deep that I have a hard time expressing my feelings over the violence and inhumanity. I am angry, and I know you are too. I have felt helpless, and I know you have too. I feel beaten down by a barrage of never ending violent acts and hate-filled speech, and I know you do too. Resilience. Where do we find the strength to get up each day and look for hope and solutions in a world gone so sideways, a world that doesn't look anything like our principles and values? Where do we look for Justice, Equity, Transformation, Pluralism, Interdependence, and Generosity?

I know we aren't born with the resilience we need to bring these principles into a worldly reality, but it's a learnable skill we can cultivate and model for others. I heard a new term recently—soft courage. In harsh times, choosing kindness and empathy is a form of bravery, often referred to as "soft courage" and we can do this as an outward symbol of our power to create change. Remaining gently human in inhumane times requires holding onto an ethical code, avoiding the tendency to mirror the brutality or cruelty of the environment and reminds us that personal resilience is connected to community resilience; by strengthening oneself, individuals can better support others, creating a ripple effect that fosters a more compassionate society.



I hope you will consider this as you join us in our ICE CALL BLITZ on Friday, February 13 from 11am to 12pm. This is just one way (a very important way) to provide support to our greater human community during this time of crisis and it offers up a way for us to engage in an activity that allows us to maintain a sense of control while we live our values out loud.

I am going to use my time slot to practice soft courage and begin building resilience so that I will be ready to support others as we learn that resilience is not toughness, but gentleness that refuses to give up.

Go gently with yourself during these difficult times.

Peace,
Lori



Soul Matters

All Peoples subscribes to Soul Matters Sharing Circle, a network of Unitarian Universalist congregations who follow the same monthly themes so we can more easily share resources. The worship materials provided each month include liturgy, music and readings on our monthly themes. We also receive spiritual exercises and questions that encourage reflection on daily living and recommended resources that support us as we weave the theme into our daily lives.

Our theme for February is **Resilience**. The Worship Arts team encourages you to take a look at the resources you can use to deepen your spiritual practice by accessing this link: https://www.soulmatterssharingcircle.com/uploads/9/4/5/0/94501751/sm_2026-02_sg_embodiment_resilience.pdf

Worship With Us This Month!

February 8

Who Are My People?

Lori King-Nelson, M Div

Trusting that we have the ability to grow our personal resilience, and carrying that spirit of resilience out into our world, sets us in a position to remain human in inhumane times. We have to protect that goodness inside in order to model it for others, but how do we learn to adapt well in the face of adversity, trauma, or significant stress, promoting resilience as an “immune system” for the mind?

February 15

Think Globally, Act Locally

Cathy Chapman-Hackett

Cathy Chapman-Hackett will provide a service on the work of the Unitarian Universalists for Justice in the Middle East.

February 22

Being a Smooth Stone

Lori King-Nelson, M Div

True resilience is not about becoming hard or suppressing emotions, but rather about remaining open, compassionate, and true to oneself despite pain.

It will take effort, but we will win this fight! Keep working for justice everyday, because everyday we lose another life. Don't give up. We will win this.

HOW YOU CAN HELP

In this time of moral crisis, our faith calls us to live our values through courageous and prophetic action. The Unitarian Universalist Association (UUA), the TX UU Justice Ministry (TXUUJM) and the Justice Network of Tarrant County continue to provide opportunities for social justice action, big and small, locally, statewide and nationally. APC is currently participating with UUs across the country in the UU ICE Out Call Blitz. This is a coordinated effort to create an unbroken chain of calls to key members of congress about the violent actions of ICE, every 3 minutes, during the weeks of Feb 2 and February 9. If you are interested in making a call or two, please contact Julie Hevelone at jchevelone@gmail.com.

Information on upcoming social justice actions will be available in church communications, social media and on Sunday mornings.

Mark your calendars for the next nationwide No Kings Protest on March 28, 2026.

Rosalyn Hunter

*President of the Board of Trustees,
All Peoples Church UU*

Religious Exploration

Adult Religious Exploration

Adult Religious Exploration is excited to add two new series to our afternoon lineup.

#1) With the conclusion of the *Inquirers* series, we invite you to join host Patrick Gutierrez following Worship and potluck each **First Sunday at 12:40** for ***Beyond Inquirers***. This series builds on the overview of the *Inquirers* series, delving deeper into who we are as Unitarian Universalists and how we do church. February 1st topic is “*What Do UUs Believe*”

#2) *What is Paganism?* Do you find yourself hearing that word and wondering what it is? Interested in Paganism but don't know where to start? Every second Sunday after Worship Ivolin Thorn will be hosting a Paganism 101 class where we discover what Paganism is and what it encompasses. Everyone is welcome and encouraged to join. This will be a lecture style class as opposed to a discussion group.

We continue to meet on 2nd, 3rd, and 4th Sunday mornings at 9:45AM for discussions on *Spiritual Practices* with Stephanie Ryburn, *Bible Literacy for UUs* with Julia Sexton, and *Journeys* with Laurie Mikitka, as well as 4th Sunday afternoons for *Transgender Inclusion In Congregations* with Lori King-Nelson. ***All sessions in Jagers Parlor unless otherwise noted.***

President's message

Wael Tarabishi was a Fort Worth Citizen born in John Peter Smith hospital in 1995. He had Pompe Disease, a disease that requires constant care. His full-time caregiver and best friend was his father, Maher Tarabishi (62). Maher went to a routine immigration check-up as he did every year, but he never came home. Like thousands of others in the state of Texas, Maher was abducted by the US Immigration and Customs Enforcement (ICE). Although his friends and family lobbied for months for Maher's release, he has remained in custody. Wael died alone this January.

ICE has been taking away members of our community. The effect on Texas is not just in the lives of those who we've lost to detainment and deportation. It is also the lives of their Sons and daughters. Of their parents, friends, and extended family. Of their customers, employees, students and friends who now have a whole in their lives. ICE is tearing up our communities!

You may not feel like you have much power to affect this well-funded juggernaut, but you do have some. Use the power you have. Write and call your congressman, even if he never responds to you. Talk to your friends and acquaintances, even if they call you a crazy liberal. Write, protest, support charities, witness and post about it. **DON'T STAY SILENT!**

Everyone is Welcome in Our Groups!

Book Discussion Group

All Peoples Book Discussion Group meets the 4th Thursday of the month via Zoom. We love reading all types of books. We welcome new members and/or suggestions of books to read. For information, contact Ana Evans 817-939-2763.

Upcoming Titles:

Thursday, Feb 26 at 7:00PM (CST) via Zoom—

Revenge of the Tipping Point: Overstories, Superspreaders, and the Rise of Social Engineering by Malcolm Gladwell [nonfiction]

Thursday, March 26 at 7:00PM (CST) via Zoom—

The Adventures of Huckleberry Finn by Mark Twain [fiction]

Thursday, April 23 at 7:00 pm (CST) via Zoom—

Wild Thing: A life of Paul Gauguin by Sue Prideaux [nonfiction]

Women's Alliance

The Women's Alliance will be meeting for a brown-bag lunch on Tuesday, February 10th at noon at the church. Join us for community and conversation.

Crafters Group Welcomes All

Do you draw? Knit? Crochet? Paint? Jewelcraft? Write? Or any other craft that can be carried with you and done anywhere? Then bring your supply bring your supplies to All Peoples on the on Saturdays and join our social crafting group. Newcomers are always welcome. We meet on the every Saturday in Jagers Parlor from 12:30PM until 2:30PM.



Saturday Matinee is Back!

Our next fun Saturday afternoon feature will be on Saturday, February 21 at 3:30PM in Jagers Parlor. See next week's email for title.

Don't Forget to Feed Me

Thank you for your generous ongoing support of this program! With the current spike in food bank needs, your support is appreciated more than ever.

Just a reminder, this Sunday is Don't Forget to Feed Me Sunday! Jamie Inman will be collecting donations at our donation table set up in the foyer.



Members of our Sacred Hearth CUUPs group share spiritual practice and fellowship at their recent Imbolc gathering.

Sacred Hearth CUUPs News

On January 31st CUUPs hosted a Imbolc ritual lead by CUUPs officer Andrew Fields. Between the last ritual we hosted in 2025 we are already off to a stellar start by doubling our attendance! Thank you to everything Andrew and Charlotte do for CUUPs.

We are excited to announce that we are planning on having 7 more rituals this calendar year including a Yule service this December as well as a Paganism 101 ARE class every second Sunday after service! If you know anyone that is interested or would be interested let **Ivolin Thorn, Andrew Fields, or Charlotte Bailey** know so that we can let them know about the amazing community we have here!

~Sacred Hearth CUUPs

Social Media Team Would Love to Hear from YOU!

Do you have an event you want advertised? Want to organize a social justice event but don't know how to spread the word? Look no further than your local **APC Social Media Team!** Please send all requests to socialmedia@allpeopleschurchuu.org and we work to not only advertise on our church's FB page but also our website.

We ask that you include the following information in your email:

- ⊕ Title of event, club, etc.
- ⊕ Date and time (if using church please verify with our rental calendar before scheduling to avoid any potential conflicts)
- ⊕ A summary of what people can expect to do/see/participate in.
- ⊕ Do you want this to be advertised publicly, only on the private group, or both.

In the past few months we have seen an uptick in content engagement and daily views, as well as follows. We are so excited to see how well we are able to help drive our shared values within the greater Fort Worth and western Arlington areas and even further!

~APC Social Media Team

Crossroads

Crossroads is All People's new Young Adult group! Jan. 31st was our inaugural meeting and we hosted a game night at the church.

Moving forward our goal is to either meet at a local venue (Cidercade, Round 1, etc.) or at one of the group's members homes so that we can build our relationships with one another.

Thanks to the amazing Alex Runnels we have a Discord server dedicated to our communication. If you know any one between the ages 18-39 get them in contact with Ivy or Alex so that we can continue to add to our numbers.

We had 13 attend our game night and more on the server who were unable due to the schedule change from our recent winter storm.

~Ivolin Thorn and Alex Runnels (Co-leads)



Young Adult Group stays out of the cold at their successful inaugural gathering.

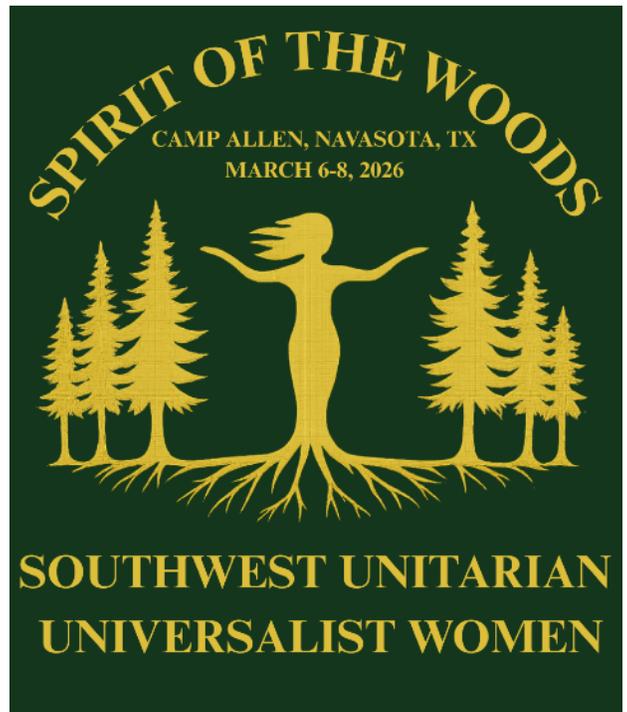
Service Auction Reminder

Dan Sexton needs to schedule his Service Auction dinner and reminds everyone to **remember to schedule your auction events**. Contact Dan if you need any reminders about participants.

Church Finance News

Church finances are tight. We can pay *most* bills *most* months. It's important to pay your pledges on time. Put what you can in the Sunday basket. There's so much we want this church to be. It takes our support to make it happen.

~Finance Committee



SWUUW Con 2026!

Come celebrate 39 years of Women's Spiritual Gatherings

March 6-8, 2026, Camp Allen* in Navasota, TX

There are a fixed number of rooms available at Camp Allen. The Conference begins with an opening on Friday and continues through Sunday. Your registration and lodging choice include access to all the workshops and vendors, dinner on Friday, three meals on Saturday including the dinner Saturday night and Sunday breakfast and lunch.

Regular Registration Deadline extended to February 16 (price increases after that).

Scholarship Application Deadline extended to February 12.

[Click here for more information and Registration.](#)

SWUUW is a non-profit organization that supports women through worship, learning, leadership, community, and social justice. SWUUW addresses women's issues, explores feminist theology, promotes friendships and celebrates the diversities that make us unique women on our individual spiritual paths. SWUUW is an organization open to all UU women, particularly those women in the Southwest District of the Southern Region of the UUA.

**Established in 1921 by the Episcopal Diocese of Texas, Camp Allen is a year round facility located one hour northwest of Houston near Navasota, Texas. Their 1,100 beautiful acres features a hotel and conference center, two lakes, miles of trails, and much more. We invite you to explore and awaken your spirit in their piney woods!*

Second Annual Lunar New Year Concert and Meal

Please consider joining us on February 15 for our **Lunar New Year Celebration Concert**. Although not a Spectrum Concert, the line up will consist of some of our familiar friends from the Spectrum group and Fort Worth Symphony, once again sharing their beautiful gift of music in our sanctuary. The concert will feature an eclectic mix of popular and classical music in an intimate setting.

This time we have decided to respond in advance to some common reasons people use to not make it to concerts:

"But I have a hard time driving at night."

Well, you're really in luck this time, because the concert will be from **2pm-3:30pm on Sunday, February 15**.

"But I just have to eat something after church on Sundays, so I can never stay."

It's a good thing we'll be offering a **delicious lunch after service** of hearty homemade soups, homemade bread and salad.

"I always feel like these concerts are a little pricey for my budget."

Freewill donation really does mean just that—freewill and donation. Please do not ever let a lack of funds keep you from enjoying these concerts. Everyone involved believes firmly that the most important thing is to have an appreciative audience to share their music with. If you can contribute something, do so, either before or after (yes, you can even listen first and then decide if it was worth anything) and if you aren't able to donate this time, come in with your head up, sit down and enjoy the peace, comfort and joy that music can bring.

See you there!

Courier #469 February 2026

All Peoples Church Unitarian Universalist
1959 Sandy Lane, Fort Worth, TX 76112-5412

2026 Board Of Trustees

President, Rosalyn Hunter
Vice President, Dean Patterson
Treasurer, Tony Collins
Secretary, Stephanie Ryburn
Member-at-Large, Michael Zepeda
Member-at-Large, Dan Levine
Member-at-Large, Patrick Gutierrez

Next Courier, Issue #470

Submission Date

Tuesday, February 24, 2026 10AM

Send articles to
administrator@allpeopleschurchuu.org

All Peoples Church Unitarian
Universalist and LA Strings
Present

**A LUNAR NEW YEAR
CELEBRATION PERFORMANCE**
一场融合音乐
与文化的迎春庆祝
2026

Winds of Spring · A year of the Horse
春之风 · 马年迎新

BUDDY BRAY
PIANO

IVAN PETRUZZELLO
CLARINET

SIWANG LIN
VIOLIN

XIAOHUA SHENG
ANDREA TULLIS
DANIEL SIGALE
KEIRA FULLERTON
WILLIAM CLAY

时间 | TIME
2026年2月15日 (周日) 14:00
SUNDAY FEBRUARY 15, 2026 AT 14:00

地点 | VENUE
ALL PEOPLES CHURCH UNITARIAN UNIVERSALIST
1959 SANDY LANE
FORT WORTH, TEXAS 76112

Contact Information

Minister
Lori King-Nelson, M. Div
minister@allpeopleschurchuu.org

Congregation President
Rosalyn Hunter
president@allpeopleschurchuu.org

Caring & Sharing
caringandsharing@allpeopleschurchuu.org

Membership
membership@allpeopleschurchuu.org

Church Office
Karl Thibodeaux 817-451-1505
administrator@allpeopleschurchuu.org

Church Website
www.allpeopleschurchuu.org

Find Us On Facebook
www.facebook.com/FirstJefferson